CURRICULUM VITAE

Alon Yosefian Avidan, M.D., M.P.H.

EDUCATION

09/1985-06/1988	University of California, Los Angeles, California; B.S., Biology
08/1989-07/1994	Doctor of Medicine Program, George Washington University School of Medicine and Health Sciences, Washington, D. C.; M.D.
07/1989- 05/1998	Master of Public Health, George Washington University School of Public Health, Washington, D.C.; M.P.H.

POSTDOCTORAL TRAINING

07/1994 – 06/1995	Internship, Internal Medicine and Pediatrics, Loma Linda University Medical Center, Loma Linda, California
07/1997 – 06/1998	Chief Resident, Neurology, Georgetown University Medical Center, Washington, D. C.
07/1995 – 06/1998	Residency, Neurology, Georgetown University Medical Center, Washington, D. C.
07/1989 – 05/1998	Master of Public Health Program, George Washington University School of Medicine and Health Sciences, Washington, D. C.
07/1998 – 06/1999	Fellowship, Clinical Neurophysiology and Sleep Disorders Medicine, Department of Neurology, Cleveland Clinic Foundation, Cleveland, Ohio

ACADEMIC APPOINTMENT

1999-2006	Assistant Professor, Department of Neurology, University of Michigan, Ann Arbor, Michigan
2006-Present	Associate Professor, Department of Neurology, University of California, Los Angeles

ADMINISTRATIVE APPOINTMENT

2000-2006	Chair, Resident Education, Deparment of Neurology University of Michigan, Ann Arbor, Michigan.
2002-2006	Director, University of Michigan Sleep Disorders Clinic, Ann Arbor, Michigan.
2006-Present	Associate Director, UCLA sleep Disorders Center; Director Neurology Clinic, University of California Los Angeles, Califonira.

GRANT SUPPORT

1999 – 2003 Principal Investigator - National Heart, Lung & Blood Institute, NIH, Bethesda, Maryland, Sleep Academic Award:
5K07 HL03645-04
Title: *Medical Student and Physician Education in Sleep Medicine*
Direct and Indirect Costs: $381,939
Period of Support: 9/30/96-8/31/03

CERTIFICATION AND LICENSURE

Certification:	Diplomat, American Board of Sleep Medicine, 2004 Board certified American Board of Psychiatry and Neurology, Inc. 2000
Licensure:	California Licensure – valid through 05/13/09 Michigan Licensure – valid through 01/31/09

MILITARY SERVICE

None

HONORS AND AWARDS

1983	Volunteer Service Recognition Award, UCLA Medical Center, Los Angeles, California.
1984	Alpha Gamma Sigma Honor Scholarship Society, Santa Monica College, Santa Monica, California.
1986	Dean's Honor List, University of California, Los Angeles, California.

HONORS AND AWARDS – *Continued*

1991	The William Beaumont Medical Society Research Award, The George Washington University School of Medicine and Health Sciences, Washington, D. C.
1991	Donald H. Glew Award for "presentation of outstanding research at the Beaumont Medical Research Competition on the effects of TRH on gastric function," Washington, D. C.
1994	Allie S. Freed Award in Preventive Medicine, Donald H. Glew Memorial Award in Research. The George Washington University School of Medicine and Health Sciences, Washington, D. C.
2005	Who's Who in Medical Sciences Education (WWMSE), AcademicKeys.
2005-2006	Best Doctors in America

MEMBERSHIPS AND OFFICES IN PROFESSIONAL SOCIETIES

1990-Present	American Medical Association
1991-Present	The William Beaumont Honor Medical Society
1995-Present	American Academy of Neurology
2002-2004	American Academy of Sleep Medicine, Member, International Affairs Committee
2003-2005	American Academy of Sleep Medicine, Vice Chair, Medical School Education Committee.
2003-2005	American Academy of Sleep Medicine, Chair, Sleep Medicine Education Section
2005-Present	American Academy of Sleep Medicine, Chair, MEDSleep Subcommittee

SCIENTIFIC ACTIVITIES

2000-Present	Sections Editor, WebWatch, *Sleep Medicine*
2002-Present	Ad Hoc Reviewer, *Annals of Neurology*.
2003-Present	Ad Hoc Reviewer, *Sleep Medicine*
2004-Present	Ad Hoc Reviewer, *Sleep*
2004-Present	Editorial Board, *American Journal of Medical Quality*
2004-Present	Sections Editor, Clinical Cornerstones in Sleep Medicine, *Sleep Medicine*
2004-Present	Ad Hoc Reviewer, *Journal of the American Geriatrics Society*

SCIENTIFIC ACTIVITIES – *Continued***:**

2006- Present Editorial Board, *Seminars in Neurology*
2006- Present Editorial Board Consultant, *The American Journal of Geriatric Pharmacotherapy*

RESEARCH ACTIVITIES

1986 Research Student, Laboratory of Neuroendocrinology, Brain Research Institute, University of California, Los Angeles, California.

1986 Research Student, Membrane Biology Laboratory, Center for Ulcer Research and Education (CURE), & V. A. Wadsworth Medical Research Center, Los Angeles, California.

1987 Research Student, Gastrointestinal Research Laboratory, Center for Ulcer Research and Education (CURE), & V. A. Wadsworth Medical Research Center, Los Angeles, California.

1988 Student Fellow, Department of Medicine, Division of Endocrinology and Metabolism, Cedars-Sinai Medical Center, Los Angeles, California.

EDUCATION AND TEACHING ACTVITIES

University of Michigan

2000-Present Chair, Resident Education Committee, Department of Neurology, University of Michigan Medical Center

2004-Present Course Director, CME Course: "Advances in Sleep Medicine: Practical Approaches in Primary Care"

2000-2004 Lead organizer, Clinical Neurology Conference Series, Department of Neurology

2000-2005 Lead organizer, Sleep Medicine Conference Series, Department of Neurology

Medical Student Educator, Department of Neurology

Neurology Resident Educator, Department of Neurology

Sleep Medicine Fellow Educator, Department of Neurology

Conferences & Lectures

University of Michigan

1999	Department of Neurology, Sleep Medicine Educator.
1999	Department of Neurology, Didactic Series in Clinical Neurophysiology, "Cardiac Abnormalities," November.
2000	Department of Neurology Grand Rounds, "Oral Appliances For the Treatment of OSA," February.
2000	Department of Neurology, Didactic Series in Clinical Neurophysiology, "Cardiac Abnormalities," November.
2001	Department of Medicine Grand Rounds, "Obstructive Sleep Apnea-Diagnosis and Treatment," December.
2001	Department of Neurology, Didactic Series in Clinical Neurophysiology, "Parasomnias I," February.
2001	Department of Neurology, Didactic Series in Clinical Neurophysiology, "Parasomnias II," March.
2001	Department of Neurology, Didactic Series in Clinical Neurophysiology, "Sleep in the Older Patient," April.
2001	Department of Neurology, Didactic Series in Clinical Neurophysiology, "Introduction to Sleep Disorders," August.
2001	Department of Psychiatry Grand Rounds, "Motor Disorders During Sleep," August.
2001	Department of Psychiatry Grand Rounds, "Obstructive Sleep Apnea and Narcolepsy," August.
2001	Department of Neurology, Didactic Series in Clinical Neurophysiology, "Sleep Stage Scoring," September.
2001	Department of Medicine Grand Rounds, "Sleep Medicine in a Nutshell," September
2001	Department of Neurology Grand Rounds, "Behavioral Parasomnias," December.

Conferences & Lectures – Continued

2001	Department of Internal Medicine Grand Rounds, “Management of Sleep Apnea,” December.
2002	Department of Neurology, Didactic Series in Clinical Neurophysiology, “Non-REM Parasomnias,” January.
2002	Department of Neurology Grand Rounds, “Restless Leg Syndrome,” February.
2002	University of Michigan Medical School, Neuroscience Sequence, “Consciousness,” February.
2002	University of Michigan Medical School, Neuroscience Sequence, “Introduction to Sleep Disorders,” February.
2002	Department of Neurology Grand Rounds, “REM-Parasomnias-Polysomnographic Features,” (Presented together with Dr. Sid Gilman), February.
2002	Department of Neurology, Sleep Conference, “Sleep Medicine Jeopardy,” March.
2002	Department of Neurology, Didactic Series in Clinical Neurology, “Sleep Changes and Disorders in the Older Patient,” April.
2002	Department of Neurology, Sleep Conference "Nocturnal Events," July.
2002	Institute of Gerontology Seminar Series. “Sleep in the Geriatric Patient,” September.
2002	Department of Neurology Grand Rounds, “Eyes Wide Shut-Sleep & Fatigue in Medical Education,” October.
2002	Department of Neurology, Sleep Conference, “Sleep Medicine Jeopardy,” November.
2002	Department of Neurology, Sleep Research Conference, Sleepiness and Fatigue in Medical Education - The Focus Group Study,” November.
2002	Department of Anesthesiology Neuroscience Course 520/Psychology 531, Sleep: Neurobiology, Medicine, and Society, “Sleep & Aging,” November.

Conferences & Lectures – *Continued*

2002	Department of Anesthesiology Neuroscience Course 520/Psychology 531, Sleep: Neurobiology, Medicine, and Society, “Disorders of Motor Control During Sleep,” November.
2002	Department of Neurology, Sleep Conference, “Sleep Medicine Jeopardy-2002,” December.
2002	Department of Neurology, Sleep Conference, “Sleep Medicine Vignettes- Sleep in the Geriatric Patient,” December.
2002	Department of Neurology, Sleep Research Conference, “Fatigue in Medical Education,” December.
2002	Department of Internal Medicine, Noon Conference, "Things that Go Bump at Night," December.
2003	University of Michigan Medical School, Neuroscience Sequence, "Consciousness," February.
2003	University of Michigan Medical School, Neuroscience Sequence, "Introduction to Sleep Disorders," February.
2003	Department of Internal Medicine, Noon Conference, “Sleep Apnea and Narcolepsy for the Internist,” April.
2003	Department of Neurology, Sleep Conference, “Sleep Case Vignette: Restless Legs Syndrome,” April.
2003	Department of Neurology, Emergency Lecture Series, “Introduction to Sleep Disorders,” August.
2003	Department of Neurology, Sleep Conference, “Sleep Scoring Technique,” August.
2003	Department of Neurology, Sleep Conference, “Parasomnias,” August.
2003	University of Michigan Dental School, Oral Biology 712: Temporomandibular disorders and orofacial pain, “Introduction to Sleep Medicine for the Dental Practitioner,” September.
2003	Department of Neurology, Sleep Conference, “Sleep and Aging,” September

Conferences & Lectures – Co*ntinued*

2003	Department of Neurology, Sleep Conference, "Circadian Rhythm Abnormalities," October
2003	Department of Otolaryngology, Residency Lecture Series, "Sleep Apnea," October.
2003	Department of Neurology, Resident Lecture Series, "Neuropathology of CNS Infections," November
2003	Department of Neurology, Special Noon Conference, "SAFER – Sleep Alertness and Fatigue – Education in Residency," November.
2003	Department of Anesthesiology Neuroscience Course 520/ Psychology 531, Sleep: Neurobiology, Medicine, and Society, "Disorders of Motor Control During Sleep," November.
2003	Department of Anesthesiology Neuroscience Course 520/ Psychology 531, Sleep: Neurobiology, Medicine, and Society, "Sleep Disorders in the Geriatric Patient," November.
2003	Department of Neurology, Sleep Conference, "Cases in Sleep Medicine," November.
2003	Department of Neurology, Sleep Conference, "Cases in Sleep Medicine," December
2004	Department of Neurology, "Sleep Morbidity Conference", January.
2004	Department of Internal Medicine, Grand Rounds, "Sleep and Alertness Management in Residency," January.
2004	University of Michigan Medical School, Sleep Disorders Neurosciences 609, Neuroscience component, January.
2004	University of Michigan Medical School, Department of Neurology, Michael S. Aldrich Sleep Disorders Laboratory, "First Annual Sleep CME Course: Advances in Sleep Medicine: Practical Approaches in Primary Care," Course Director, Dearborn, MI, March 6, 2004.

Conferences & Lectures – C*ontinued*

2004 University of Michigan Medical School, Department of Neurology, Michael S. Aldrich Sleep Disorders Laboratory, "Advances in Sleep Medicine Practical Approaches in Primary Care," Course Faculty, *Diagnosis and Management of Obstructive Sleep Apnea: What's New?* Dearborn, MI, March 6, 2004.

2004 University of Michigan Medical School, Department of Neurology, Michael S. Aldrich Sleep Disorders Laboratory, "Advances in Sleep Medicine Practical Approaches in Primary Care," Course Faculty, *Management of Obstructive Sleep Apnea*, Dearborn, MI, March 6, 2004.

2004 Department of Neurology, Patient Conference, "*Differential Diagnosis of Excessive Daytime Sleepiness and Cataplexy*," July 7, 2004.

2004 Department of Neurology, Sleep Conference, "*Sleep Scoring Techniques and Introduction to Polysomnography*," July 14, 2004.

2004 Department of Neurology, Sleep Conference, "*Parasomnias and Disorders of Motor Control During Sleep*," July 21, 2004.

2005 Department of Neurology, Sleep Conference, "*Medicolegal Aspects of Sleepiness*," February 9, 2005.

2005 University of Michigan Medical School, Department of Neurology, Michael S. Aldrich Sleep Disorders Laboratory, "Second Annual Sleep CME Course: Advances in Sleep Medicine: Practical Approaches in Primary Care," Course Director, Dearborn, MI, March 12, 2005.

2005 University of Michigan Medical School, Department of Neurology, Michael S. Aldrich Sleep Disorders Laboratory, "Advances in Sleep Medicine Practical Approaches in Primary Care," Course Faculty, *Diagnosis and Management of Obstructive Sleep Apnea: What's New?* Dearborn, MI, March 12, 2005.

2005 University of Michigan Health System, Department of Family Medicine, Dexter, MI, Noon Conference, "When to orders Sleep Studies." July 1, 2005.

2005 Department of Neurology, Sleep Conference, "*Introduction to Sleep Disorders Clinic*," July 7, 2005

Conferences & Lectures – C*ontinued*

2005 University of Michigan Medical School, Department of Family Medicine Grand Rounds, "Diagnosis and Management of Obstructive Sleep Apnea," July 13, 2005.

2005 Department of Neurology, Sleep Conference, "*Introduction to OSA: Pathophysiology, Diagnosis and Treatment*," July 14, 2005.

2005 Department of Neurology, Sleep Conference, "Parasomnias and their Treatment," August 18, 2005.

2005 Department of Neurology, Sleep Conference, "Case Conference: Circadian Rhythm Disturbances," October 13, 2005.

2005 Department of Anesthesiology Neuroscience Course 520/ Psychology 531, Sleep: Neurobiology, Medicine, and Society, "Disorders of Motor Control During Sleep," November 9, 2005.

2005 Department of Anesthesiology Neuroscience Course 520/ Psychology 531, Sleep: Neurobiology, Medicine, and Society, "Sleep Disorders in the Geriatric Patient," November 14, 2005.

2006 Department of Neurology, Chairman Patient Conference, "*Nocturnal Spells"* November 30, 2005.

2006 Department of Neurology, Sleep Journal Club January 10, 2006

2006 Department of Neurology, Neuroscience Conference, "Neuropathology Jeopardy" January 23, 2006.

2006 Department of Internal Medicine, Division of Hematology Oncology, Morning Conference, "Sleep and Fatigue in Medical Training." February, 15, 2006.

2006 University of Michigan Medical School, Department of Neurology, Michael S. Aldrich Sleep Disorders Laboratory, "Advances in Sleep Medicine, Practical Approaches in Primary Care," Course Director & Faculty, *Management of Obstructive Sleep Apnea.* Dearborn, MI, March 11, 2006.

2006 University of Michigan Medical School, Department of Neurology, Michael S. Aldrich Sleep Disorders Laboratory, "Advances in Sleep Medicine, Practical Approaches in Primary

Care," Course Director & Faculty, *Motor Disorders of Sleep Including the Parasomnias.* Dearborn, MI, March 11, 2006.

EXTRAMURAL INVITED PRESENTATIONS

1991 The William Beaumont Honor Society, 56th Beaumont Day. Oral Presentation. The George Washington University School of Medicine and Health Sciences, Washington, D. C.

1992 AFCR (American Federation for Clinical Research) Program. Poster Presentation. "Insulin Treatment Restores Intravascular to Interstitial Insulin Gradient and Lymph Flow in Diabetic Rats," Baltimore, Maryland.

1999 Cleveland Clinic Foundation-Resident Poster Presentation-The Use of Mandibular Advancement Devices for the Treatment of Obstructive Sleep Apnea Syndrome," Cleveland, Ohio.

2000 Breakfast Seminar, American Academy of Neurology Annual Meeting, Course chair and faculty, "Sleep in the Elderly," San Diego, California, May.

2000 APSS (Associated Professional Sleep Societies), Poster Presentation. "ESS.com," June

2001 Grand Rounds, V. A. Medical Center, "Nocturnal Spells," Washington, D C, February.

2001 Havenwyck Psychiatric Hospital, "Diagnosing Sleep Disorders in Depressed Patient," Bloomfield Hills, Michigan, February.

2001 Sleep Educational Program, "Modafinil, A Wake Promoting Treatment Option," Ann Arbor, Michigan, March.

2001 Sleep Educational Program, "Wake Promoting Agents in narcolepsy," Ann Arbor, Michigan, July.

2001 ANN (American Academy of Neurology) Annual Meeting, Breakfast Seminar, Course chair and faculty, "Sleep in the Elderly," Philadelphia, Pennsylvania, May.

2001 Department of Neurology, "Fellowship Poster Presentation," American Academy of Neurology Annual Meeting, Philadelphia, Pennsylvania, May.

2001 APSS (Associated Professional Sleep Societies) Annual Meeting Course faculty, "Faculty Skills Development Workshop," Chicago, Illinois, June.

EXTRAMURAL INVITED PRESENTATIONS – *Continued*

2001 University of Michigan Medical School, Department of Otolaryngology: "Treatment of Common Head and Neck Problems for the Non-Otolaryngologist," Course faculty: "Sleep Apnea: Epidemiology, Diagnostic Update, CPAP, and Treatment Approaches."

2002 Sleep Educational Program, "Medical Treatment for Narcolepsy," Ann Arbor, Michigan, February.

2002 AAN (American Academy of Neurology) Annual Meeting, Breakfast Seminar, Course chair and faculty, "Sleep in the Older Person," Denver, Colorado, April.

2002 Department of Neurology, "Fellowship Poster Presentation," American Academy of Neurology Annual Meeting, Denver, Colorado, April.

2002 ACCP (American College of Chest Physicians) Sleep Medicine Course, Sleep Medicine: Sleep Apnea is Not the Only Sleep Disorder, Course faculty, "Narcolepsy," Chicago, Illinois, May.

2002 ACCP (American College of Chest Physicians) Sleep Medicine Course, Sleep Medicine: Sleep Apnea is Not the Only Sleep Disorder, Course faculty, "Parasomnia," Chicago, Illinois, May.

2002 APSS (Associated Professional Sleep Societies) Scientific Program, Postgraduate course, Course chair, "Sleep Disorders in the Older Patient," Seattle, Washington, June.

2002 APSS (Associated Professional Sleep Societies) Scientific Program, Discussion Group, Course faculty, "Sleep Medicine Education in the 21st Century," Seattle, Washington, June.

2003 Sleep, Alertness, and Fatigue Education in Residency (SAFER), Sleep Disorders in Residency, Task Force Meeting, Task Force Member, Chicago, IL January.

2003 AAN (American Academy of Neurology) Annual Meeting, Breakfast Seminar, Course Director and faculty, “Sleep in the Older Person,” Honolulu, Hawaii, April.

2003 Methodist Hospital, Sleep Symposium, "Physiology and Pharmacology of Sleep Disorders,” Gary, Indiana, April.

EXTRAMURAL INVITED PRESENTATIONS – *Continued*

2003 Sleep Congress 2003, Moderator, “Insomnia in the Elderly,” Dallas, Texas, May.

2003 Sleep Congress 2003, Moderator, “Insomnia and Chronic Medical Conditions,” Dallas, Texas, May.

2003 APSS (Associated Professional Sleep Societies) Program, Sleep Apnea in the Geriatric Patient, Postgraduate Course, Course chair, "Sleep Disorders in the Older Patient,” June.

2004 ACCP (American College of Chest Physicians) Sleep Medicine 2004, “Narcolepsy,” Phoenix, AZ, January.

2004 ACCP (American College of Chest Physicians) Sleep Medicine 2004, “Parasomnias” Phoenix, AZ, January.

2004 ACCP (American College of Chest Physicians) Sleep Medicine 2004, “Sleep and Epilepsy,” Phoenix, AZ, January.

2004 AASM (American Academy of Sleep Medicine) Advanced Sleep Medicine Course, “Chronic insomnia in the geriatric population,” Denver, CO, February.

2004 AAN (American Academy of Neurology) Annual Meeting, “Fellowship Poster Forum,” San Francisco, CA, April.

2004 ANN (American Academy of Neurology) Annual Meeting, “Clerkship and Program Directors Conference: Update on the Competencies and Performance-Based Evaluation,” San Francisco, CA, April.

2004 ANN (American Academy of Neurology) Annual Meeting, Educational Tools Poster Presentation, “The SAFER Module:

Sleep Alertness and Fatigue Education in Residency," San Francisco," CA, April.

2004 Saint Mary's Medical Center, Field Neuroscience Institute, Stroke Care Conference, Guest Faculty, "Stroke and Sleep Disorders," Saginaw, MI May.

2004 APSS (Associated Professional Sleep Societies) Program, Sleep Apnea in the Geriatric Patient, Postgraduate Course, Course chair, "Sleep Disorders in the Older Patient," June.

EXTRAMURAL INVITED PRESENTATIONS – *Continued*

2004 APSS (Associated Professional Sleep Societies) Program, Postgraduate Course, Course chair, "Geriatric Sleep Medicine," June.

2004 APSS (Associated Professional Sleep Societies) Program Motor Disorders in the Geriatric Patient Postgraduate Course, Faculty, "Geriatric Sleep Medicine," June.

2004 APSS (Associated Professional Sleep Societies) Program Discussion Session Co-chair and Faculty. "Multidisciplinary and Innovative Approaches for Teaching Sleep Medicine," June.

2004 Associated Professional Sleep Societies Program Epidemiology: Assessing Co-morbidity and Risk in Aging Session. Oral Presentation of abstract, "Insomnia and Hypnotic Use as Predictors of Falls and Hip Fractures in Older Nursing Home Residents," June.

2005 Department of Family Medicine and the Michigan Academy of Family Physicians, The 29th Annual Midwinter Family Practice Update, "*Restless Leg Syndrome*," Harbor Springs, MI, February.

2005 Department of Family Medicine and the Michigan Academy of Family Physicians, The 29th Annual Midwinter Family Practice Update, "*Sleep in the Elderly*," Harbor Springs, MI, February.

2005 Department of Family Medicine and the Michigan Academy of Family Physicians, The 29th Annual Midwinter Family Practice Update, "*Obstructive Sleep Apnea-What's New*," Harbor Springs, MI, February.

2005 APSS (Associated Professional Sleep Societies), Poster Presentation. "Sleep Medicine Content of Medical Textbooks-A follow-up study," June

2005 APSS (Associated Professional Sleep Societies), Poster Presentation. "Sleep Coverage in Multi-specialty Texts is Little and Non-uniform," June

2005 APSS (Associated Professional Sleep Societies) Program Motor Disorders in the Geriatric Patient Postgraduate Course, Course Co-chair and Faculty, "Geriatric Sleep Medicine," June.

EXTRAMURAL INVITED PRESENTATIONS – *Continued*

2005 APSS (Associated Professional Sleep Societies), Poster Presentation. "Curriculum and Composition of Accredited Sleep Fellowship Programs," June

2005 AASM (American Academy of Sleep Medicine), National Sleep Medicine Course. *"Sleep in Dementia."* Oak Brook Hills Resort, Chicago, IL., August.

2005 Fourth International Congress on Vascular Dementia, "*Sleep Disturbances in Dementia*." Porto, Portugal, October 22.

2006 Brown University, Northeast Sleep Society Meeting, "*Sleep in the Geriatric Patient*." Providence, RI, March 18.

2006 AAN (American Academy of Neurology) Annual Meeting, Case Study program, Course Director and faculty, "Sleep Medicine Cases for the Neurologist, Motor Disorders of Sleep and Sleep Disordered Breathing," San Diego, April 6.

2006 APSS (Associated Professional Sleep Societies) Program Motor Disorders in the Geriatric Patient, Postgraduate Course, Course Chair and Faculty, "Sleep in Dementia," June.

2006 APSS (Associated Professional Sleep Societies) Program Discussion Session Co-chair and Faculty. "Multidisciplinary and Innovative Approaches for Teaching Sleep Medicine," June.

BIBLIOGRAPHY

Peer reviewed:

1. Garrick T, Stephens R, Ishikawa T, Sierra A, **Avidan A**, Weiner H and Tache Y. Medullary Sites for TRH Analogue Stimulation of Gastric Contactility in the Rat. *Am J Physiology* 1989;256:G1011-G1015.

2. Venkatatesan N, **Avidan A**, and Davidson M. Antidiabetic Action of Vanadyl in Rats is Independent of in-vivo Insulin-Receptor Kinase Activity. *Diabetes* 1991;40(4):492-498.

3. **Avidan AY,** Chervin RD, ESS.Com. *Sleep Medicine*, 2002; 3(5)405-410.

4. Chervin RD, Moyer CA, Palmisano J, **Avidan AY**, Robinson E, Garetz SL, Helman JI. Sleep-Disordered Breathing in Michigan: A Practice Pattern Survey; *Sleep & Breathing* 2003;7: 95-104.

5. Fleming WE, **Avidan AY**, Malow BA. Subclinical Rhythmic Electrographic Discharge of Adults (SREDA) in REM Sleep. *Sleep Medicine* 2004;5:77-81.

6. Papp KK, Stoller EP, Sage P, Aikens J, Owens J, **Avidan AY**, Phillips B, Rosen R, Strohl KP. The effects of sleep loss and fatigue on resident--physicians: a multi-institutional, mixed-method study. *Acad. Med.* 2004;79(5):394-406.

7. **Avidan, AY**, Fries, BE, James, ML, Szafara KL, Wright GT, Chervin, RD. Insomnia and Hypnotic Use as Predictors of Falls and Hip Fractures in Michigan Nursing Homes. *JAGS*. 2005;53:955-962.

8. **Avidan, AY.** Abnormal eye movements during sleep. *Journal of Clinical Sleep Medicine*. 2005; 1(4): 429-432.

9. D'Andrea, L, **Avidan, AY**. Curriculum and Composition of Accredited Sleep Fellowship Programs. Submitted, *Journal of Clinical Sleep Medicine*

10. Teodorescu, MC, Teodorescu M, Harrington, J, Artar A, Davies, C, Chervin RD, **Avidan, AY.** Sleep Medicine Content of Major Medical Textbooks Continues to be Underrepresented. Submitted, *Acad. Med*

Non-peer reviewed:

1. **Avidan AY**, Ancoli-Israel S. Sleep in the Elderly, *AAN Syllabus*, 2000.

2. **Avidan AY**, Ancoli-Isreal S. Sleep in the Older Person, *AAN Syllabus*, 2001.

3. **Avidan AY**, Zee, P. Sleep in the Older Person, *AAN Syllabus*, 2002

Non-peer reviewed – C*ontinued*:

4. **Avidan AY**, WebWatch. *Sleep Medicine* 2000;1:337-338

5. **Avidan AY**, WebWatch. *Sleep Medicine* 2001;2:83-84.

6. Robinson, E, Chervin RD, Garetz SL, **Avidan, AY**. An Introduction to Snoring and Sleep Apnea for Dental Practitioners. *Journal of the Michigan Dental Association*, 2001:32-58.

7. **Avidan AY**, Sleep disorders in older adults. *Current Neurology and Neuroscience Reports* 2002; 2(2):178-185

8. **Avidan AY**, Narcolepsy, *American College of Chest Physicians Sleep Medicine Course Syllabus*, 2002.

9. **Avidan AY**, Parasomnias, *American College of Chest Physicians Sleep Medicine Course Syllabus*, 2002.

10. **Avidan AY**, Sleep Disorders in the Older Patient- Obstructive Sleep Apnea in the Elderly Patient- *Associated Professional Sleep Societies Syllabus* 2002.

11. Sateia MJ, **Avidan AY,** Tools for Sleep Medicine Education: The MED Sleep Site, *Sleep Medicine 2002;*3(4): 379-381.

12. Zwetchkenbaum S, **Avidan AY**, Websites on Oral Appliances for Obstructive Sleep Apnea, *Sleep Medicine*, 2003;4(1):77-78

13. **Avidan AY**, Zee, P. Sleep Disorders in the Older Patient, *AAN Syllabus*, 2003.

14. Binns, L, **Avidan AY**, Websites on CPAP therapy for Obstructive Sleep Apnea, *Sleep Medicine*, 2003: 357-358.

15. **Avidan, AY**. Insomnia in the Geriatric Patient, *Clinical Cornerstone*, 2003;5(3): 51-58.

16. **Avidan, AY.** Narcolepsy, *American College of Chest Physicians Sleep Medicine Course Syllabus*, 2004.

17. **Avidan, AY**. Parasomnias, *American College of Chest Physicians Sleep Medicine Course Syllabus*, 2004.

18. **Avidan, AY**. Sleep and Epilepsy, *American College of Chest Physicians Sleep Medicine Course Syllabus*, 2004.

Non-peer reviewed – C*ontinued*:

19. **Avidan, AY**. Sleep and Movement Disorders, Book Review, *JAMA*, 2004;291;1130-1140.

20. **Avidan, AY**. Sleep Disorders in the Geriatric Population. *Seminar in Neurology*. 2005;25(1):52-63.

21. Clemons E, Kakkar R, Kirsch D, Teodorescu M, **Avidan AY**, Cases in Sleep Medicine, *Seminars in Neurology*. 2005;25(1):130-146.

22. **Avidan, A**. Introduction to Clinical corners in sleep medicine. *Sleep Medicine*. 2005;6:80

23. Kirsch, BD, **Avidan AY**, Pregnancy Associated with Daytime Sleepiness and Nighttime Restlessness. *Sleep Medicine*. 2005;6:83–84

24. **Avidan, AY**, Restless Legs Syndrome, *The 29th Annual Midwinter Family Practice Update Course Syllabus*, February 2005.

25. **Avidan, AY**, Sleep and Aging, *The 29th Annual Midwinter Family Practice Update Course Syllabus*, February 2005.

26. **Avidan, AY**, Practical Approaches for Obstructive Sleep Apnea, *The 29th Annual Midwinter Family Practice Update Course Syllabus*, February 2005.

27. Harrington, J. **Avidan, AY**. Treatment of Sleep Disorders in the Elderly. *Current Treatment Options in Neurology*, 2005; 7(5):339-352.

28. **Avidan, AY**. The Development of Central Sleep Apnea with an Oral Appliance. *Sleep Medicine* 2006;7: 187-188.

29. **Avidan, AY**, Fries, BE., Szafara, KL., Chervin, RD. Risk Factors Associated with the Occurrence of Fractures in US Nursing Homes: Resident and Facility Characteristics and Prescription Medications, Submitted, *Journal of the American Geriatrics Society*

29. **Avidan AY**. Sleep Medicine Cases for the Neurologist, Motor Disorders of Sleep and Sleep Disordered Breathing, AAN *Syllabus*, 2006

30. **Avidan, AY.** Narcolepsy & Idiopathic Hypersomnia, *American College of Chest Physicians Sleep Medicine Course Syllabus*, 2006.

31. **Avidan, AY**. REM and Non-REM Parasomnias, *American College of Chest Physicians Sleep Medicine Course Syllabus*, 2006.

Non-peer reviewed – C*ontinued*:

32. **Avidan, AY**. Sleep and Epilepsy, *American College of Chest Physicians Sleep Medicine Course Syllabus*, 2006.

33. **Avidan, AY**. Sleep, A Comprehensive Handbook, Book Review, *JAMA*, 2006; *In preparation.*

Book Chapters:

1. **Avidan AY**. "Sleep in the older person". In: Sirven JI, Malamut B, Eds. *Clinical Neurology of the Older Adult*. Lippincott Williams & Wilkins, Philadelphia: 2002: 158-175.

2. **Avidan AY**, Edwards J. EEG Artifacts and Seizures. In: Bowman T, Ed. *Review of Sleep Medicine*. Butterworth & Heinemann, New York: 2003: 249-301.

3. **Avidan AY**, "Recognition of Sleep Stages Including Scoring Techniques". In: Chokroverty S, Thomas R, Bhatt, M, Eds., *Atlas of Sleep Medicine*. Elsevier Inc., Philadelphia: 2005, 95-121.

4. **Avidan AY**, Sleep Apnea in the Geriatric Population. In: Mattson M, Ed., *Sleep and Aging, Advances in Cell Aging and Gerontology, Volume 17.* Elsevier Inc., Philadelphia: 2005, 79-112.

5. **Avidan, AY**, Sleep Disorders in the Elderly, *Primary Care*: *Clinics in Office Practice on Sleep Disorders*. 2005;32(2):536-587.

6. Owens JA, **Avidan AY**. "Medical Education for Safety". In: Nash D, Ed., *The Quality Solution: The Stakeholder's Guide to Improving Health Care*. Jones and Barlett., Boston: 2005: 265-282.

7. **Avidan, AY**. Zee, P. Parasomnias. In: Johnson, RT, Griffin JW, McArthur, JC, ED. *Current Therapy in Neurologic Disease, 7th Edition.* Mosby, Philadelphia, 2006: 13-18.

8. Harrington, J. **Avidan, AY.** Sleep Disorders in the Elderly. In: Karasek, M. *Aging and Age-Related Diseases: The Basics.* Nova Science Publishers, Inc., 2006 (In Press).

9. **Avidan, AY.** Sleep in Dementia and Other Neurodegenerative Disorders. In: Culebras, A. Sleep Disorders and Neurologic Disease. Taylor & Francis Group, LLC. 2006 (*In preparation*).

Book Chapters – C*ontinued*:

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